



# SOL Community Arts Youth Outreach Program

## BLOCO SOL



Bloco SOL is a drumming program presented through SOL Community Arts in partnership with Redwood Theatre Company. Our mission is to strengthen community collaboration and create positive social change through the arts.

Presented by,  
**Adele Davalos Mitchell**  
Founder & Director

In partnership with,  
**Carmen Maria Mitchell**  
Redwood Theatre Company



# Mission & Vision



We believe that participation in the arts provides valuable experiences in a young person's development. By engaging students in Bloco SOL, we will offer the skills necessary to make strong, positive choices in school and relationships. These skills include learning to think creatively, problem-solving, self-discipline, communicating effectively, setting meaningful goals and collaborating with others.

**Our vision is to have a creative space for drumming & art classes where students feel a sense of community, belonging and joy.**

# Drumming Program Phases

Bloco SOL would like to begin with an eight phase program. Each Phase will last 1-4 weeks.

**Week #1** Introduction to drums

**Week #2** Call and response

**Week #3** Rhythm and base (1&2 drums + middle)

**Week #4** Intro to Samba Reggae Rhythms

**Week #5** Add breaks (variations)

**Week #6** More songs & styles (Hip-Hop, Funk, Afro-Cuban)

**Week #7** Rehearsal & preparation for a presentation

**Week #8** Student performance for families



Bloco SOL aims to produce a vibrant, cultural musical experience by providing intentional programming and scholarships to vulnerable youth. This initiative aspires to make music and performance art more accessible to children in underserved communities as a form of violence prevention and inspire a lifelong interests in the arts.



# Project Overview

- Each week of the program will build upon the previous lesson. However, the SOL Club team will gladly work to accommodate new students as it progresses.

- The SOL Club Drumming program will provide classes 1-2 times per week.

- Each Phase will last 1-4 weeks and each stage will be able to overlap to accommodate new students into the program.

- SOL Club is committed to nurturing the next generation of artists through arts education and intentional programming designed to support underserved youth find different forms of creative expression.





# How To Begin

## Our Goals

- Establish a program combining arts education and life skills classes
- Designed for middle school students
- Open to all, but focusing on intentional outreach
- Work with VPP and School Restorative Justice programs
- Intended to provide a structured, after school safe space environment
- Offering: art, latin drumming, hip hop dance etc.

## What We Need To Get Started:

- Designated space / class room
- Small storage space for supplies
- Transportation for participants
- Instructor stipends
- Support with student recruitment & referrals



# Bloco SOL Drumming & Dance After School Program Proposal



## Program Description

Bloco SOL is a drumming program presented through SOL Community Arts. Our mission is to honor culture, strengthen community collaboration and create positive social change. Our vision is to have a creative space for drumming classes where students feel a sense of community, belonging and joy.

## Phase #1

### SOL Club Program:

- Drumming Classes
- Dance Classes
- Shows & Community Performances
- Create Apprenticeship Opportunities

### Program Details:

- 2 days a week
- 1.5 hours (after school)
- Monday & Wednesday (times TBD)

### What we need to get started:

- Dedicated safe space
- Instructor Salaries

# Phase #2



## SOL Club Programs:

- Drumming
- Dance
- Visual Art
- Master Classes / Guest Artists from SF
- Shows & Community Performances
- Create Apprenticeship Opportunities

## Program Details:

- 2 days a week (multiple classes)
- 1.5 hours (after school)
- Monday 4:00pm-5:30pm
- Wednesday 3:30pm - 5:00pm

## In a perfect world:

- 2 dedicated safe spaces
  - Combined portable classrooms / access to a multipurpose room
- Storage
  - Space to store drums / future art supplies
- Funding
  - Instructors
  - Snacks / Waters
  - Purchase More Drums
  - Drum Repairs
  - Art Supplies
  - Uniforms / Costumes
  - Instructor Training
  - Student Leadership camps
  - Events / Parades
  - Student Transportation

We hope to collaborate with your school in establishing this vibrant, cultural musical experience.



# ABOUT THE COMPANY

**Redwood Theatre Company is the proud home to the SOL Community Arts Program.**

**Redwood Theatre Company is a 501(c)3 non-profit dedicated to bringing professional theatrical productions and educational programs to Sonoma County, CA.**

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**NURTURING  
CREATIVITY,  
COMMUNITY  
& CULTURE  
THROUGH ART**

”



# ABOUT THE PROJECT

**We offer a joy centered approach that embraces student individuality. The SOL Community Arts outreach organization, provides intentional programming and scholarships to vulnerable youth. This initiative aims to make performance and visual art more accessible to children in underserved communities as a form of violence prevention and inspire a lifelong interests in the arts.**